

Your Baby's Feeding Record

Your baby should have frequent feedings, at least 8-12 or more per 24 hours, with no longer than 3 hours from the start of the previous feeding until she is back to birth weight.

This chart will help you and the nurse monitor your baby's feeding.

Enter number of minutes for each feeding and an "X" for each wet and soiled diaper.

Date: _____

Time	1am	2	3	4	5	6	7	8	9	10	11	12	1pm	2	3	4	5	6	7	8	9	10	11	12
Feeding (minutes)																								
Wet Diaper																								
Soiled Diaper																								

Date: _____

Time	1am	2	3	4	5	6	7	8	9	10	11	12	1pm	2	3	4	5	6	7	8	9	10	11	12
Feeding (minutes)																								
Wet Diaper																								
Soiled Diaper																								

Date: _____

Time	1am	2	3	4	5	6	7	8	9	10	11	12	1pm	2	3	4	5	6	7	8	9	10	11	12
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Feeding (minutes)																								
Wet Diaper																								
Soiled Diaper																								

NOT A CHART FORM. Please return to Mother/Baby.