## Breastfeeding Log



Date:		-			54	1-HUG-KIDS OR 541-484-543
Time of day	Amount of swallowing at breast (how much, how long)	Amount of extra milk taken, if supplementing	If pumping, how much?	Wet	Dirty	Comments
EBM = Express	ed Breast Milk ABM = Artific	ial Baby Milk (Formula)	SNS = Supplemen	tal Nursing S	System FF	= Finger Feeding
Date:		_				
Time of day	Amount of swallowing at breast (how much, how long)	Amount of extra milk taken, if supplementing	If pumping, how much?	Wet	Dirty	Comments
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